



**HIGHLANDS END**  
*Leisure Club*

# Memberships, Opening Times & Classes



## **Welcome to Highlands End Leisure Club in Eype, Bridport**

Highlands End Leisure Club is an exclusive members-only club for local residents and holidaymakers staying on any of the West Dorset Leisure Holidays' Parks. Facilities include a 20 metre indoor heated swimming pool, a sauna and a steam room.

# TERM TIME

## Opening Times, Classes & Activities

See Page 6 for more information about each class & activity

Time	Monday	Tuesday	Wednesday	Thursday	
8am	Adult only swimming		Adult only swimming		
9am	Adult only swimming		Adult only swimming		
10am	Aqua Fit	General Swimming	General Swimming	Aqua Fit	
11am	Baby & Toddler			General Swimming	Baby & Toddler
12pm	General Swimming			General Swimming	Pre-school Lessons
1pm	Adult Private Lessons & Personal Training Available	Adult Private Lessons & Personal Training Available	Adult Private Lessons & Personal Training Available	Adult Private Lessons & Personal Training Available	
2pm		General Swimming	General Swimming		
3pm	Junior Swim School	General Swimming		Junior Swim School	
4pm		Junior Swim School	General Swimming		
5pm	General Swimming		General Swimming		
6pm	Rookie Lifeguard	Closed for Private Hire		Paddleboard Classes	
7pm	Aqua Fit				Adult only swimming
8pm	Available for Private Hire				Closed

The Sauna and Steam Room are open to over 18s only and are closed every Tuesday until 10am for essential maintenance

Thursday		Friday		Saturday		Sunday		
Adult only swimming		Adult only swimming		Adult only swimming		Adult only swimming & 1 to 1 Lessons		
Yoga Fit	General Swimming	Splashtime U5s	General Swimming	Junior Swim School	General Swimming	Adult Private Lessons Available	General Swimming	
Baby & Toddler	General Swimming	Baby & Toddler		Pre-school Lessons				
General Swimming	General Swimming	Adult Private Lessons & Personal Training Available	General Swimming	Family Fun Sessions		Family Fun Sessions		
School sessions		Pre-school Lessons		Family Fun Sessions		Family Fun Sessions		
Private lessons & Personal Training Available		General Swimming		General Swimming	Adult Private Lessons & Personal Training Available	General Swimming	Adult Private Lessons Available	General Swimming
Swim School	General Swimming	Junior Swim School	General Swimming	Lane Swimming	General Swimming	Lane Swimming	General Swimming	
General Swimming		General Swimming	General Swimming	General Swimming	General Swimming	General Swimming	General Swimming	
Waddleboard Classes	Holiday Home Owners exclusive use		Closed		Closed		Closed	
	Closed		Closed		Closed		Closed	

# SCHOOL HOLIDAYS

Opening Times, Classes & Activities

See Page 6 for more information about each class & activity

Time	Monday		Tuesday		Wednesday		T
8am	Adult only swimming		Adult only swimming		Adult only swimming		Adu
9am	Adult only swimming		Adult only swimming		Adult only swimming		Adu
10am	Aqua Fit	General Swimming	General Swimming		General Swimming		Aqua
11am	Splashtime U5s						General Swimming
12pm	General Swimming						Inter Less avail
1pm	Family Fun Sessions		Family Fun Sessions		Family Fun Sessions		Fan
2pm	General Swimming		General Swimming		General Swimming		Ge
3pm	General Swimming		General Swimming		General Swimming		Ge
4pm	General Swimming		General Swimming		General Swimming		Ge
5pm	General Swimming		General Swimming		General Swimming		Ge
6pm	General Swimming		General Swimming		General Swimming		Ge
7pm	Rookie Lifeguard	Adult only swimming	Closed for Private Hire		Paddleboard Classes		Pad
	Aqua Fit						
8pm	Available for Private Hire	Closed					


**The Sauna and Steam Room are open to over 18s only and are closed every Tuesday until 10am for essential maintenance**

Thursday		Friday		Saturday		Sunday	
Adult only swimming		Adult only swimming		Adult only swimming		Adult only swimming & 1 to 1 Lessons	
Life Fit	General Swimming	Splashtime U5s	General Swimming	General Swimming		Adult Private Lessons Available	General Swimming
Life goelling		General Swimming					
Intensive Lessons available		Intensive Lessons available	General Swimming	Intensive Lessons available	General Swimming		
Family Fun Sessions		Family Fun Sessions		Family Fun Sessions		Family Fun Sessions	
General Swimming		General Swimming		General Swimming		General Swimming	
Middleboard Classes		Holiday Home Owners exclusive use		Closed		Closed	
		Closed					

# CLASSES & ACTIVITIES

Many of our classes are held by Penny Yarnold Swim School. All are open to members and holidaymakers and charges apply. Contact 07970 879047 or 01308 426945 for more information.

 Booking required

 Open to non-members

 Instructor in Pool

## ADULT ONLY SWIMMING

A quiet swimming time for ages 18 and over

Usual entry fee if applicable

## PRE SCHOOL LESSONS



Very small group lessons to develop water confidence and enjoyment

From £8.50

## FAMILY FUN SESSIONS

Bring your own toys and inflatables. Colour changing lights and background music

Usual entry fee if applicable

## HOLIDAY HOME OWNERS

Evening swimming for West Dorset Leisure Holiday's Holiday Home Owners and family only

Usual entry fee if applicable

## AQUA FIT



Improve flexibility and co-ordination with this low-impact workout

£4 (members), £5.50 (non-members)

## ROOKIE LIFEGUARD



RLSS certified award scheme for competent swimmers aged 8 to 15 to help them develop life-saving skills

£ enquire

## BABY & TODDLER SWIM



Suitable for ages 10 weeks to 3 years with a parent or guardian. Great fun and builds water confidence

£5

## PRIVATE HIRE



The swimming pool can be hired for private classes and activities

£ enquire

## JUNIOR SWIM SCHOOL



For ages 4 and above, beginners and improvers. Small tailored groups of up to 5 children

From £8.50

## PRIVATE LESSONS & PT



Private 1 to 1, small group lessons and personal training available for all ages. We have a number of qualified instructors who can help with confidence, weight loss and fitness

£ enquire

## SPLASHTIME UNDER 5S

Time and space for young swimmers under the age of 5 and parents

Usual entry fee if applicable

## PADDLEBOARD CLASSES



Paddleboard classes including Yoga and Pilates-based classes, Paddleboard Tasters and Paddleboard Fitness

£ enquire

## HAVE A GO SNORKELLING



Try out our snorkels and masks with the help of in-pool instructor

Usual entry fee if applicable

## INTENSIVE LESSONS



Learn to swim or progress with this short 3 part course

£ enquire

# MEMBERSHIPS & ENTRY FEES

## HOLIDAYMAKER ENTRY FEE

Adults - £3.60

Children (aged 4 to 17) - £2.60

Children under 4 - free

Entry is included for lodge & apartment bookings at Highlands End & Golden Cap

## SILVER

Silver memberships include unlimited use of the swimming pool, sauna and steam room. There are 3 options for payment of a silver membership:

**SPECIAL OFFER** - Pay a one-off payment of £310.00 for 10 months and get the 11th month FREE (payment due by 1st February)

**SPLIT THE COST** - Pay £124 for February 1st to May 31st 2019 (payment due by 1st Feb), followed by a £217 payment for June 1st to December 31st (payment due by 1st June or a £15 rejoining fee applies).

**JOIN LATER IN THE YEAR** - If you would like to join the Leisure Club later in the year, you can pay the following prices, depending upon the month you join (an additional £15 joining fee applies):

Mar - £310.00

Jun - £217.00

Sep - £124.00

Apr - £279.00

Jul - £186.00

Oct - £93.00

May - £248.00

Aug - £155.00

Nov - £62.00

Dec - £31.00

## BRONZE

Bronze memberships are ideal for more infrequent users of the Leisure Club. The prices below are payable for the month you join, followed by entry fees each time you use the Leisure Club, of £3.60 a time.

Feb - £88.00

May - £64.00

Aug - £40.00

Mar - £80.00

Jun - £56.00

Sep - £32.00

Apr - £72.00

Jul - £48.00

Oct - £24.00

## All new memberships are subject to a £15 joining fee

All memberships expire on 31st December 2019. Renewal letters will be sent out during December. Every member is issued with a membership card - a £7.50 fee applies to replace lost cards. Members are welcome to bring a guest - £5 for adults, £2.50 for children (aged 4 to 17) and free for children under 4.

# HOW TO JOIN

To join Highlands End Leisure Club, fill out a Membership Form and take to the PARK RECEPTION at Highlands End, where your payment will be taken by cash or card. You will be issued with a receipt with your Customer Number, which you can use to access the Club until your Membership Card is ready to collect - usually issued within 2 days.

## TERMS & CONDITIONS

Please ensure you obtain and read a copy of the Leisure Club Rules and Notes of Guidance. The management reserves the right to ask individuals to leave the Leisure Club and / or terminate memberships, with or without refunds, if the rules and safety measures are not followed.

You co-operation is appreciated to ensure good standards are maintained for the benefit of all swimmers. It is the member's responsibility to ensure that guests also abide by the rules. No standing order memberships are available in 2019 and memberships cannot be frozen. Guests must be accompanied by a member at the time of entry into the Leisure Club. The sauna and steam room are restricted to over 18s only.

There is also a 9 hole Pitch 'n' Putt Course at Highlands End Holiday Park that is open to all - bookings and payment can be made at the Holiday Park Reception.

## MARTIN'S BAR & RESTAURANT

Visit Martin's Bar & Restaurant where you will find the Little Fire Station Soft Play, Costa Coffee, BT & Sky Sports and food available daily from 9am until 9pm (February to November). There are daily specials, a range of local food and drink, a unique fire engine memorabilia display and a beer garden with children's outdoor play area. Join us for a Sunday Carvery every week from 12pm to 8pm.

[www.martinsbarandrestaurant.co.uk](http://www.martinsbarandrestaurant.co.uk)

